



**KIZU**

JAPANESE RESTAURANT

95-97 Greville Street Prahran 3181

Phone 03 9510 2500

## APPETISERS 前菜

|   |            |                |
|---|------------|----------------|
| <b>EDAMAME 枝豆</b><br>Steamed, salted green soy beans  |            | <b>\$5.90</b>  |
| <b>HORENSO NO OHITASHI 法蓮草のお浸し</b><br>Boiled spinach with sesame dressing   |            | <b>\$5.50</b>  |
| <b>OSHINKO お新香</b><br>Assorted Japanese pickles   |            | <b>\$5.50</b>  |
| <b>TAKOYAKI たこ焼き</b><br>Octopus pieces, fried in batter balls with Tonkatsu sauce and mayonnaise                                  |            | <b>\$8.50</b>  |
| <b>AGEDASHI TOFU 揚げ出し豆腐</b><br>Deep fried tofu dressed with tempura sauce and served with grated ginger, daikon and bonito flakes |            | <b>\$8.50</b>  |
| <b>DENGAKU TOFU 田楽豆腐</b><br>Deep-fried tofu dressed with sweet miso paste sauce   |            | <b>\$8.50</b>  |
| <b>NASU DENGAKU 茄子田楽</b><br>Deep-fried eggplant served with a sweet miso paste sauce  |            | <b>\$8.90</b>  |
| <b>KANI CROQUETTE 蟹クリームコロッケ</b><br>Crab croquettes dressed with Tonkatsu sauce  |            | <b>\$8.90</b>  |
| <b>CALAMARI カラマリ</b><br>Crumbled calamari served with a Japanese dipping sauce  |            | <b>\$9.90</b>  |
| <b>HARUMAKI 春巻き</b><br>Choice of seafood or vegetable spring rolls served with red vinegar  | <b>S</b>   | <b>\$8.90</b>  |
|   | <b>V</b>   | <b>\$7.90</b>  |
| <b>GYOZA ギョーザ</b><br>Choice of meat (pork), vegetable or seafood pan fried dumplings  | <b>M/V</b> | <b>\$8.50</b>  |
|   | <b>S</b>   | <b>\$9.50</b>  |
| <b>EBI SHUMAI 海老シューマイ</b><br>Steamed, prawn dumplings served with soy sauce and mustard   |            | <b>\$9.50</b>  |
| <b>TORI TATSUTA AGE 鳥籠田揚げ</b><br>Deep-fried flavoured chicken pieces served with mayonnaise                                       |            | <b>\$10.50</b> |
| <b>GYU MAKI 牛巻き</b><br>Seasonal vegetables wrapped with thinly sliced beef, grilled, and served with Teriyaki sauce               |            | <b>\$12.50</b> |
| <b>KAKI FRY カキフライ</b><br>Crumbled oysters deep-fried and served with mayonnaise and Tonkatsu sauce                                |            | <b>\$17.00</b> |

**FUKI YOSE 吹き寄せ**

Japanese delicacies, simmered baby abalone, paradise prawn, smoked salmon, mushroom and sweet potato

**\$18. 50**

**SALMON CARPACCIO 鮭カルパッチョ**

Thinly sliced Atlantic salmon, dressed with a special Mizu sauce

**\$17. 90**

**SALMON TATAKI 鮭叩き**

Thinly sliced, seared Atlantic salmon served with a special Mizu sauce

**\$17. 90**

**TUNA TATAKI 鮪叩き**

Thinly sliced, seared tuna served with a special Mizu sauce

**\$18. 50**

**WAGYU TATAKI 和牛叩き**

Thinly sliced, seared rare Wagyu beef served with a special Mizu sauce

**\$17. 90**

**WAGYU YUKKE 和牛ユッケ**

Chopped Wagyu beef mixed with a special Mizu sauce served with a raw egg

**\$17. 90**

**SALMON WITH FRUIT MARINADE 鮭と果物のマリネ**

Salmon with a seasonal fruit marinade dressed with Ume sauce

**\$18. 90**

**KARENO KARA AGE カレイの唐揚げ**

Deep fried flat fish with ponzu sauce and a slightly spicy flavou

**\$21. 90**

**CHAWANMUSHI 茶碗蒸し**

Steamed egg with prawn, chicken, scallops and shiitake mushrooms in a tea cup

**\$7. 90**

## **SALAD サラダ**

**MIZU SPECIAL SALAD 水スペシャルサラダ**

Seaweed, avocado, red onion, smoked salmon and scallops dressed with Yuzu sauce

**\$15. 90**

**TOFU SALAD 豆腐サラダ**

Tofu, tomatoes, broccoli and avocado with Japanese sesame dressing

**\$8. 90**

**DAIKON SALAD 大根サラダ**

Avocado and thinly sliced daikon radish with warm Wagyu beef served with a special Mizu sauce

**\$14. 90**

## ON THE GRILL 焼き物

|  |                         |
|--|-------------------------|
| <b>YAKITORI 焼き鳥</b><br>Grilled chicken thigh skewer  | <b>\$3.00 ea.</b>       |
| <b>TSUKUNE つくね</b><br>Grilled chicken mince ball skewer  | <b>\$2.50 ea.</b>       |
| <b>EBI 海老</b><br>Grilled prawn skewer  | <b>\$5.00 ea.</b>       |
| <b>HOTATE 帆立</b><br>Grilled scallop skewer   | <b>\$6.00 ea.</b>       |
| <b>IKA 烏賊</b><br>Grilled squid skewer  | <b>\$3.00 ea.</b>       |
| <b>MUSHROOM マッシュルーム</b><br>Grilled mushroom skewer   | <b>\$2.50 ea.</b>       |
| <b>KOHITSUJI TERIYAKI 子羊照り焼き</b><br>Grilled lamb cutlets with Teriyaki sauce                   | <b>\$6.50 ea.</b>       |
| <b>BASA NAMBU YAKI バサの南部焼き</b><br>Soaked basa grilled with sesame                              | <b>\$11.50 (2 pcs.)</b> |
| <b>IKA-NO MARUYAKI 烏賊の丸焼き</b><br>Grilled whole squid with soy sauce                            | <b>\$12.50</b>          |
| <b>TONGUE SHIO 牛タン</b><br>Grilled, sliced ox tongue with chilli sauce                          | <b>\$10.50</b>          |
| <b>HOTATE BATAYAKI 帆立のバター焼き</b><br>Grilled scallop with butter sauce                           | <b>\$12.00 (2 pcs.)</b> |
| <b>BARAMANDE NAN BAN TUKE YAKI バラマンディーの南蛮漬け焼き</b><br>Grilled barramundi soaked in Nan Ban Miso | <b>\$15.90</b>          |
| <b>BURI-NO TERIYAKI 鰯の照り焼き</b><br>Grilled yellowtail with teriyaki sauce                       | <b>\$19.50</b>          |
| <b>YUAN YAKI SNAPPER 鯛の幽庵焼き</b><br>Grilled snapper marinated in a special yuan sauce           | <b>\$21.90</b>          |
| <b>GINDARA SAIKYO YAKI 銀鱈西京焼き</b><br>Grilled black cod, marinated by saikyo miso               | <b>\$28.90</b>          |
| <b>HOKKE YAKI ホッケ焼き</b><br>Grilled Okhotsk atka mackerel with radish mince and sesame oil      | <b>\$20.90</b>          |

|   |                         |
|---|-------------------------|
| <b>HONETSUKI KARUBI</b> 骨付きカルビ  |                         |
| Japanese style grilled beef spare ribs with Mizu special sauce                  | <b>\$18.90</b>          |
| <b>BUTA HONETSUKI UME YAKI</b> 豚骨付梅焼き   |                         |
| Grilled pork spare ribs marinated in Ume sauce                                  | <b>\$18.90</b>          |
| <b>SCAMPI KINOKOYAKI</b> スキャンピーきのこ焼き  |                         |
| Grilled scampi, split and topped with Japanese Enoki with a delicate miso paste | <b>\$26.90 (4 pcs.)</b> |
| <b>WAGYU ROBATA YAKI</b> 和牛炉端焼き 200g  |                         |
| Grilled wagyu steak with seasonal vegetables in a Mizu steak sauce              | <b>\$38.90</b>          |

## **SASHIMI 刺身**

|   |                |
|---|----------------|
| <b>SALMON SASHIMI</b> サーモン刺身  |                |
| Freshly sliced salmon   | <b>\$17.00</b> |
| <b>MAGURO SASHIMI</b> 鮪刺身   |                |
| Freshly sliced tuna   | <b>\$19.00</b> |
| <b>HAMACHI SASHIMI</b> ハマチ刺身  |                |
| Freshly sliced King fish  | <b>\$18.00</b> |
| <b>SASHIMI MORIAWASE</b> 刺身盛り合わせ  |                |
| Freshly sliced tuna, salmon and King fish   | <b>\$25.00</b> |
| <b>SPECIAL OMAKASE SASHIMI</b> スペシャルお任せ刺身   |                |
| The Chef's selection of seasonal delicacies including tuna, salmon, king fish, scampi, Japanese scallop, salmon roe, ark shell, surf clam and sea urchins | <b>\$75.00</b> |

## **SUSHI 寿司**

### **NIGIRI SUSHI 握り寿司 (1 PIECE)**

|                             |               |
|-----------------------------|---------------|
| <b>TUNA 鮪</b>               | <b>\$3.50</b> |
| <b>TUNA ABURI 鮪炙り</b>       | <b>\$3.80</b> |
| <b>SALMON 鮭</b>             | <b>\$3.00</b> |
| <b>SALMON ABURI 鮭炙り</b>     | <b>\$3.50</b> |
| <b>HAMACHI ハマチ</b>          | <b>\$3.50</b> |
| <b>SCAMPI スキャンピー</b>        | <b>\$5.00</b> |
| <b>HOKKI GAI 北寄貝</b>        | <b>\$4.50</b> |
| <b>AKA GAI 赤貝</b>           | <b>\$4.50</b> |
| <b>IKURA GUN KAN サーモン軍艦</b> | <b>\$5.50</b> |
| <b>TOBIKO GUN KAN 飛び子軍艦</b> | <b>\$4.50</b> |
| <b>SCALLOP 帆立</b>           | <b>\$3.50</b> |

### **ROLL ロール**

|  |                |
|--|----------------|
| <b>CALIFORNIA ROLL カリフォルニアロール</b>  | <b>\$16.90</b> |
| Inside-out nori roll filled with mayonnaise, avocado, cucumber and prawns, salmon and tuna, coated with tobiko |                |
| <b>VEGETABLE CALIFORNIA ROLL 野菜カリフォルニアロール</b>  | <b>\$14.90</b> |
| Inside-out nori roll filled with mayonnaise, avocado, cucumber, tofu, Japanese pickles and carrots             |                |
| <b>CHEESE AVOCADO ROLL チーズアボカドロール</b>  | <b>\$13.90</b> |
| Inside-out nori roll filled with avocado and cream cheese, coated with black sesame                            |                |
| <b>SPICY TUNA ROLL スパイス鮪ロール</b>  | <b>\$15.90</b> |
| Inside-out nori roll filled with mayonnaise, chilli sauce and raw tuna, coated with tobiko                     |                |
| <b>TEMPURA CALIFORNIA ROLL 天ぷらカリフォルニアロール</b>   | <b>\$18.90</b> |
| Inside-out nori roll filled with Tempura prawn and Tonkatsu sauce, coated with tobiko                          |                |

**TUNA MAKI 鉄火巻き** **\$4.90**

Thin nori roll with raw tuna

**CUCUMBER MAKI かつば巻き** **\$3.80**

Thin nori roll with cucumber

**SALMON MAKI サーモン巻き** **\$4.50**

Thin nori roll with raw salmon

## **TEMPURA 天婦羅**

**VEGETABLE TEMPURA 野菜天婦羅の盛り合わせ** **\$17.90**

Assorted mixed vegetables, lightly battered and fried and served with a Tempura sauce

**MIXED TEMPURA ミックス天婦羅** **\$21.90**

Assorted mixed seafood and vegetables, lightly battered and fried and served with a Tempura sauce

**SEAFOOD TEMPURA シーフード天婦羅** **\$30.90**

Assorted seafood, lightly battered and fried and served with a Tempura sauce

## **SOUP 椀物**

**MISO SOUP 味噌スープ** **\$4.00**

**DOBIN MUSHI 土瓶蒸し** **\$12.50**

Dashi consommé with prawn, chicken, mushroom and ginkgo nut, served in a clay teapot

## **MAIN COURSES一品料理**

|   |                 |
|---|-----------------|
| <b>WAGYU SUJI NIKOMI 和牛筋の煮込み</b>  | <b>\$15. 00</b> |
| Wagyu beef tendon in a miso broth with daikon, rice noodles and carrots           |                 |
| <b>EBI CHILLI 海老のチリソース煮</b>   | <b>\$23. 00</b> |
| Pan-fried prawns in a chilli garlic and onion sauce                               |                 |
| <b>UNAGI KABA YAKI 鰻蒲焼</b>  | <b>\$22. 90</b> |
| Grilled eel basted with 'Kabayaki' sauce  |                 |
| <b>TERIYAKI CHICKEN 照焼きチキン</b>  | <b>\$22. 90</b> |
| Pan-fried chicken with assorted vegetables in a Teriyaki sauce                    |                 |
| <b>TERIYAKI BEEF 照焼きビーフ</b>   | <b>\$24. 90</b> |
| Pan-fried beef with assorted vegetables in a Teriyaki sauce                       |                 |
| <b>TERIYAKI SALMON 照焼きサーモン</b>  | <b>\$27. 90</b> |
| Pan-fried salmon with assorted vegetables in a Teriyaki sauce                     |                 |
| <b>BUTANIKU KAKUNI 豚肉の角煮</b>  | <b>\$22. 90</b> |
| Japanese style braised pork with a Mizu home-made sauce                           |                 |
| <b>YASAI ITAME 野菜炒め</b>   | <b>\$17. 90</b> |
| Mixed seasonal vegetables cooked in a light Teriyaki sauce                        |                 |
| <b>UNAGI ITAME 鰻炒め</b>  | <b>\$24. 90</b> |
| Pan-fried eel pieces cooked with oyster mushrooms and capsicum in an oyster sauce |                 |

## ***NOODLES 麵類***

***YAKISOBA 焼きそば*** ***\$18.90***

Pan-fried noodles with sliced beef and mixed vegetables

***MENTAIKO SPAGHETTI 明太子スパゲッティ*** ***\$20.90***

Pan-fried spaghetti in a slightly spicy Mentaiko sauce topped with cod roe

***MUSHROOM SPAGHETTI マッシュルームスパゲッティ*** ***\$20.90***

Pan-fried spaghetti cooked in a soy butter based sauce with mixed mushrooms

***TEMPURA UDON/SOBA 天ぷらうどん/そば*** ***\$16.90***

Choice of udon or soba noodles in soup cooked with assorted seafood and vegetables

***RAMEN (CHOICE OF SOUP BASE) ラーメン***

- *SHOYU (SOY SAUCE)*
- *MISO*
- *VEGETARIAN SHOYU (SOY SAUCE)*
- *VEGETARIAN MISO*

***YASAI 野菜*** ***\$14.90***

Mixed vegetables served with bamboo shoots, seaweed, corn kernels, bean shoots

***TORI 鳥*** ***\$15.90***

Sliced pan-fried chicken served with a soft boiled egg, bamboo shoots, seaweed, bean shoots and fish cakes (Naruto)

***CHASHU チャーシュー*** ***\$16.90***

Sliced baked pork served with a soft boiled egg, bamboo shoots, seaweed, bean shoots and fish cakes (Naruto)

***SEAFOOD 海鮮*** ***\$17.90***

Mixed pan-fried seafood served with a soft boiled egg, bamboo shoots, seaweed, bean shoots and fish cakes (Naruto)

***KIMUCHI RAMEN (SPECIAL KIMUCHI SOUP) キムチラーメン***

***VEGETABLE 野菜*** ***\$15.90***

Home-made mixed spicy vegetables served with bamboo shoots, corn kernels, seaweed and bean shoots

***TORI 鳥*** ***\$16.90***

Home-made mixed spicy vegetables served with chicken, a soft boiled egg, bamboo shoots, seaweed, bean shoots and fish cakes (Naruto)

***BUTA 豚*** ***\$17.90***

Home-made mixed spicy vegetables served with pork, a soft boiled egg, bamboo shoots, seaweed, bean shoots and fish cakes (Naruto)

## ***RICE ご飯***

***CHAHAN チャー飯***

Fried rice with assorted vegetables and chicken

***\$11.00***

***OKOWA 糯米***

Sticky rice, egg and eel pan-fried together then wrapped in palm leaves

***\$18.00***

***ONIGIRI おにぎり***

Fried salmon mince rolled into a sesame seed rice prism

***\$7.00 (2 pcs.)***

***STEAMED RICE ご飯***

***\$2.50***